Mozka: 800m: Session: 1: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 12:30 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 800M FREESTYLE WOMEN — Heat:3, starttime: 14:00

Heat: 3/3 Lane : 6 Athlete: DE RIDDER STERRE — **Q-time: 09:58:46**

PB (25m pool): no time **PB (50m pool):** 09:58.46 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	no time	no time	no time	no time	no time	no time	no time	no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: